

Suita Multilingual One Stop Consultation Center

Regarding Enrollment in the National Pension and Premium Exemptions

国民年金の加入と保険料免除などについて

People aged 20 or older and under 60 who live in Japan are required to enroll in the National Pension system. If you have not yet enrolled, please complete the enrollment process.

If you are unable to pay the National Pension premiums due to financial reasons, there are exemption and payment postponement programs available. These require income screening of the applicant, their spouse, and the head of household.

Additionally, for students who have no income, there is a “Special Payment System for Students” (Gakusei Nofu Tokurei Seido) which allows students to defer National Pension premium payments while they are enrolled in school.

■How to apply

Please apply using one of the following methods, (1) or (2)

(1) Suita City Online Application System

<https://www.city.suita.osaka.jp/kurashi/1018398/1021189/1028206.html>

(2) In person at the consultation counter

Bring either your My Number Card, or an item that shows your Basic Pension Number plus two forms of identification (such as a residence card or driver's license), and apply at either the Suita Pension Office or the National Pension Counter of the Citizen's Division.

■Insurance premium exemption system

<https://www.city.suita.osaka.jp/kurashi/1018398/1020152/1006818.html>

■Inquiries

Suita Pension Office

Phone: 06-6821-2401

Civic department (Shimin bu), Citizens Division (Shimin ka), National Pension Counter (Kokumin Nenkin Tanto)

Phone: 050-1807-2219

Please contact the [Suita Multilingual One Stop Consultation Center](#) for further inquiries.