## Suita Multilingual One Stop Consultation Center

## Be Careful of Norovirus Food Poisoning

ノロウイルス食中毒に気を付けましょう

Food poisoning caused by the norovirus tends to increase around November and becomes more common during winter (December to January).

Norovirus is highly contagious and can spread through contaminated food or hands, causing vomiting, diarrhea, stomach pain, and fever. Children, elderly people, and those with weak immune systems may develop severe symptoms.

To prevent infection, wash your hands thoroughly before cooking or eating and after using the toilet, and make sure to cook food thoroughly.

## **■**Website

https://www.city.suita.osaka.jp/kenko/1018645/1018653/1018654/1015417.html

## **■**Contact Information

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Please contact the Suita Multilingual One Stop Consultation Center for further inquiries.