

Suita Multilingual One Stop Consultation Center

National Health Insurance and the Medical Care System for Older Seniors

国民健康保険・後期高齢者医療制度について

People enrolled in the National Health Insurance program will receive a National Health Insurance Premium Notice (Kokumin Kenko Hokenryo Kettei Tsuchisho).

People aged 75 and older will receive a Medical Insurance Premium Notice for Older Seniors (Koki Koreisha Iryo Hokenryo Kettei Tsuchisho) and an Eligibility Confirmation Certificate for Older Seniors Medical Care (Koki Koreisha Iryo Hokenryo Shikaku Kakuninsho).

■ National Health Insurance Premium Notice / Medical Insurance Premium Notice for Older Seniors

The National Health Insurance Premium Notice for FY2026 (April 2026–March 2027) will be sent in mid-June 2026. Please pay your insurance premiums in 10 installments by March 2027.

Even if the head of your household is not enrolled in National Health Insurance, payment notices and related documents will still be sent. Please make sure to pay by the due date.

For people aged 75 and older, the Medical Insurance Premium Notice for Older Seniors will be sent from mid-July 2026.

If it is difficult for you to pay the insurance premiums, you may be eligible for a reduction or exemption.

For details, please check the Suita City website:

<https://www.city.suita.osaka.jp/kenko/1018391/1024421/1024827.html>

■ Eligibility Confirmation Certificate for Older Seniors (Pink Color)

Your current Eligibility Confirmation Certificate is valid until Friday, July 31, 2026.

A new certificate with an updated expiration date will be sent to you.

Please consider using your My Number Health Insurance Card (Myna Health Insurance Card).

One of the benefits of a Myna Health Insurance Card is that, even in the event of unexpected surgery or hospitalization, you can avoid making a large payment at the hospital reception desk.

■ Contact

National Health Insurance Division

Tel: 050-1807-2183

Please contact the [Suita Multilingual One Stop Consultation Center](#) for further inquiries.